

# Ingham's inequality

# Enrique Zuazua

UAM & DeustoTech-Bilbao & LJLL-Sorbonne enrique.zuazua@deusto.es deus.to/zuazua

# ConFlexUAM, Feb. 2019

E. Zuazua (UAM&UD-Bilbao&Sorbonne)

Ingham's inequality

ConFlexUAM, Feb. 2019 1 / 27

# Table of Contents

An Introduction to the Controllability of Partial Differential Equations

Sorin Micu<sup>\*</sup> and Enrique Zuazua<sup>†</sup>

#### **Inverse Spectral Theory**

Jürgen Pöschel Universität Bonn Mathematisches Institut D-5300 Bonn Federal Republic of Germany

**Eugene Trubowitz** Mathematik ETH-Zentrum CH-8092 Zürich Switzerland

Ingham's inequality

[Y] R. Young, AN INTRODUCTION TO NONHARMONIC FOURIER SERIES, Academic Press, 1980.

[I] A. E. Ingham, Some trigonometrical inequalities with applications to the theory of series, Math. Z., **41**(1936), 367-369.

In this lecture we present two inequalities which have been successfully used in the study of many 1-D control problems and, more precisely, to prove observation inequalities. They generalize the classical Parseval's equality for orthogonal sequences. Variants of these inequalities were studied in the works of Paley and Wiener at the beginning of the past century (see [PW]).

The main inequality was proved by Ingham (see [I]) who gave a beautiful and elementary proof (see Theorems 1 and 2 below). Since then, many generalizations have been given (see, for instance, [BS], [HA], [BKL] and [JM]).

### Theorem

(Ingham [I]) Let  $(\lambda_n)_{n \in \mathbb{Z}}$  be a sequence of real numbers and  $\gamma > 0$  be such that

$$\lambda_{n+1} - \lambda_n \geq \gamma > 0, \quad \forall n \in \mathbb{Z}.$$
 (1)

For any real T with

$$T > \pi/\gamma \tag{2}$$

there exists a positive constant  $C_1 = C_1(T, \gamma) > 0$  such that, for any finite sequence  $(a_n)_{n \in \mathbb{Z}}$ ,

$$C_1 \sum_{n \in \mathbb{Z}} |a_n|^2 \leq \int_{-T}^{T} \left| \sum_{n \in \mathbb{Z}} a_n e^{i\lambda_n t} \right|^2 dt.$$
(3)

# Proof

We first reduce the problem to the case  $T = \pi$  and  $\gamma > 1$ . Indeed, if T and  $\gamma$  are such that  $T\gamma > \pi$ , then

$$\int_{-T}^{T} \left| \sum_{n} a_{n} e^{i\lambda_{n}t} \right|^{2} dt = \frac{T}{\pi} \int_{-\pi}^{\pi} \left| \sum_{n} a_{n} e^{i\frac{\tau\lambda_{n}}{\pi}s} \right|^{2} ds$$

$$=\frac{T}{\pi}\int_{-\pi}^{\pi}\left|\sum_{n}a_{n}e^{i\mu_{n}s}\right|^{2}ds$$

where  $\mu_n = T\lambda_n/\pi$ . It follows that  $\mu_{n+1} - \mu_n = T(\lambda_{n+1} - \lambda_n)/\pi \ge \gamma_1 := T\gamma/\pi > 1$ . We prove now that there exists  $C'_1 > 0$  such that

$$C_1'\sum_{n\in\mathbb{Z}}|a_n|^2\leq\int_{-\pi}^{\pi}\left|\sum_{n\in\mathbb{Z}}a_ne^{i\mu_nt}\right|^2dt.$$

Define the function

Ε.

$$h: \mathbb{R} \to \mathbb{R}, \ h(t) = \begin{cases} \cos(t/2) & \text{if } |t| \le \pi \\ 0 & \text{if } |t| > \pi \end{cases}$$

and let us compute its Fourier transform  $K(\varphi)$ ,

$$K(\varphi) = \int_{-\pi}^{\pi} h(t) e^{it\varphi} dt = \int_{-\infty}^{\infty} h(t) e^{it\varphi} dt = \frac{4\cos\pi\varphi}{1-4\varphi^2}.$$

On the other hand, since  $0 \le h(t) \le 1$  for any  $t \in [-\pi, \pi]$ , we have that

$$\int_{-\pi}^{\pi} \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \geq \int_{-\pi}^{\pi} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt = \sum_{n,m} a_{n} \bar{a}_{m} K(\mu_{n} - \mu_{m}) = \\ = K(0) \sum_{n} |a_{n}|^{2} + \sum_{n \neq m} a_{n} \bar{a}_{m} K(\mu_{n} - \mu_{m}) \geq \\ \geq 4 \sum_{n} |a_{n}|^{2} - \frac{1}{2} \sum_{n \neq m} (|a_{n}|^{2} + |a_{m}|^{2}) |K(\mu_{n} - \mu_{m})| = \\ = 4 \sum_{n} |a_{n}|^{2} - \sum_{n \neq m} |a_{n}|^{2} \sum_{m \neq n} |K(\mu_{n} - \mu_{m})| .$$
Zuazu (UAM&UD-Bilbao&Sorbonne)

## Remark that

$$\sum_{m \neq n} | K(\mu_n - \mu_m) | \le \sum_{m \neq n} \frac{4}{4 | \mu_n - \mu_m |^2 - 1} \le \sum_{m \neq n} \frac{4}{4\gamma_1^2 | n - m |^2 - 1} =$$

$$=8\sum_{r\geq 1}\frac{1}{4\gamma_1^2r^2-1}\leq \frac{8}{\gamma_1^2}\sum_{r\geq 1}\frac{1}{4r^2-1}=\frac{8}{\gamma_1^2}\frac{1}{2}\sum_{r\geq 1}\left(\frac{1}{2r-1}-\frac{1}{2r+1}\right)=\frac{4}{\gamma_1^2}$$

Hence,

$$\int_{-\pi}^{\pi} \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \geq \left( 4 - \frac{4}{\gamma_{1}^{2}} \right) \sum_{n} |a_{n}|^{2}.$$

If we take

$$C_1 = \frac{T}{\pi} \left( 4 - \frac{4}{\gamma_1^2} \right) = \frac{4\pi}{T} \left( T^2 - \frac{\pi^2}{\gamma^2} \right)$$

the proof is concluded.

### Theorem

Let  $(\lambda_n)_{n \in \mathbb{Z}}$  be a sequence of real numbers and  $\gamma > 0$  be such that

$$\lambda_{n+1} - \lambda_n \ge \gamma > 0, \quad \forall n \in \mathbb{Z}.$$
 (4)

For any T > 0 there exists a positive constant  $C_2 = C_2(T, \gamma) > 0$  such that, for any finite sequence  $(a_n)_{n \in \mathbb{Z}}$ ,

$$\int_{-T}^{T} \left| \sum_{n} a_{n} e^{i\lambda_{n}t} \right|^{2} dt \leq C_{2} \sum_{n} |a_{n}|^{2}.$$

$$(5)$$

### Proof

Let us first consider the case  $T\gamma \ge \pi/2$ . As in the proof of the previous theorem, we can reduce the problem to  $T = \pi/2$  and  $\gamma \ge 1$ . Indeed,

$$\int_{-T}^{T} \left| \sum_{n} a_{n} e^{i\lambda_{n}t} \right|^{2} dt = \frac{2T}{\pi} \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \left| \sum_{n} a_{n} e^{i\mu_{n}s} \right|^{2} ds$$

where  $\mu_n = 2T\lambda_n/\pi$ . It follows that  $\mu_{n+1} - \mu_n = 2T(\lambda_{n+1} - \lambda_n)/\pi \ge \gamma_1 := 2T\gamma/\pi \ge 1$ . Let *h* be the function introduced in the proof of Theorem 1. Since  $\sqrt{2}/2 \le h(t) \le 1$  for any  $t \in [-\pi/2, \pi/2]$  we obtain that

$$\int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} h(t) \left| \sum_{n} a_{n} e^{i\mu$$

$$\leq 2\int_{-\pi}^{\pi}h(t)\left|\sum_{n}a_{n}e^{i\mu_{n}t}\right|^{2}dt=2\sum_{n,m}a_{n}\bar{a}_{m}K\left(\mu_{n}-\mu_{m}\right)=$$

E. Zuazua (UAM&UD-Bilbao&Sorbonne)

Ingham's inequality

$$= 8 \sum_{n} |a_{n}|^{2} + 2 \sum_{n \neq m} a_{n} \bar{a}_{m} K (\mu_{n} - \mu_{m}) \leq \\ \leq 8 \sum_{n} |a_{n}|^{2} + \sum_{n \neq m} (|a_{n}|^{2} + |a_{m}|^{2}) |K (\mu_{n} - \mu_{m})|.$$

As in the proof of Theorem 1 we obtain that

$$\sum_{m\neq n} | K(\mu_n - \mu_m) | \leq \frac{4}{\gamma_1^2}.$$

Hence,

$$\int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \left| \sum_{n} a_{n} e^{i\mu_{n}t} \right|^{2} dt \leq 8 \sum_{n} |a_{n}|^{2} + \frac{8}{\gamma_{1}^{2}} \sum_{n} |a_{n}|^{2} \leq 8 \left( 1 + \frac{1}{\gamma_{1}^{2}} \right) \sum_{n} |a_{n}|^{2}$$

and (5) follows with  $C_2 = 8 \left( 4 T^2 / (\pi^2) + 1 / \gamma^2 \right)$ .

When  $T\gamma < \pi/2$  we have that

$$\int_{-T}^{T} \left| \sum a_n e^{i\lambda_n t} \right|^2 dt = \frac{1}{\gamma} \int_{-T\gamma}^{T\gamma} \left| \sum a_n e^{i\frac{\lambda_n}{\gamma}s} \right|^2 ds \le \frac{1}{\gamma} \int_{-\pi/2}^{\pi/2} \left| \sum a_n e^{i\frac{\lambda_n}{\gamma}s} \right|^2 ds$$
Zuazua (UAM&UD-Bilbao&Sorbonne)
Ingham's inequality
ConFlexUAM, Feb. 2019
10 / 27

Since  $\lambda_{n+1}/\gamma - \lambda_n/\gamma \ge 1$  from the analysis of the previous case we obtain that

$$\int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \left| \sum_{n} a_{n} e^{i\frac{\lambda_{n}}{\gamma}s} \right|^{2} ds \leq 16 \sum_{n} |a_{n}|^{2}.$$

Hence, (5) is proved with

$$C_2 = 8 \max\left\{ \left(\frac{4T^2}{\pi^2} + \frac{1}{\gamma^2}\right), \frac{2}{\gamma} \right\}$$

and the proof concludes.

- Inequality (5) holds for all T > 0. On the contrary, inequality (3) requires the length T of the time interval to be sufficiently large. Note that, when the distance between two consecutive exponents λ<sub>n</sub>, the gap, becomes small the value of T must increase proportionally.
- In the first inequality (3) *T* depends on the minimum *γ* of the distances between every two consecutive exponents (gap). However, as we shall see in the next theorem, only the asymptotic distance as *n* → ∞ between consecutive exponents really matters to determine the minimal control time *T*. Note also that the constant *C*<sub>1</sub> in (3) degenerates when *T* goes to *π/γ*.

In the critical case T = π/γ inequality (3) may hold or not, depending on the particular family of exponential functions. For instance, if λ<sub>n</sub> = n for all n ∈ Z, (3) is verified for T = π. This may be seen immediately by using the orthogonality property of the complex exponentials in (-π, π). Nevertheless, if λ<sub>n</sub> = n - 1/4 and λ<sub>-n</sub> = -λ<sub>n</sub> for all n > 0, (3) fails for T = π (see, [I] or [Y]).

# **Table of Contents**

# 1 Ingham's inequality



E. Zuazua (UAM&UD-Bilbao&Sorbonne)

As we have said before, the length 2T of the time interval in (3) does not depend on the smallest distance between two consecutive exponents but on the asymptotic gap defined by

$$\underbrace{\lim_{n \to \infty}}_{n \to \infty} |\lambda_{n+1} - \lambda_n| = \gamma_{\infty}.$$
(6)

An induction argument due to A. Haraux (see [H]) allows to give a result similar to Theorem 1 above in which condition (1) for  $\gamma$  is replaced by a similar one for  $\gamma_{\infty}$ .

#### Theorem

Let  $(\lambda_n)_{n \in \mathbb{Z}}$  be an increasing sequence of real numbers such that  $\lambda_{n+1} - \lambda_n \ge \gamma > 0$  for any  $n \in \mathbb{Z}$  and let  $\gamma_{\infty} > 0$  be given by (6). For any real T with

$$\bar{\gamma} > \pi / \gamma_{\infty}$$
 (7)

there exist two positive constants  $C_1$ ,  $C_2 > 0$  such that, for any finite sequence  $(a_n)_{n \in \mathbb{Z}}$ ,

$$C_1 \sum_{n \in \mathbb{Z}} |a_n|^2 \leq \int_{-T}^{T} \left| \sum_{n \in \mathbb{Z}} a_n e^{i\lambda_n t} \right|^2 dt \leq C_2 \sum_{n \in \mathbb{Z}} |a_n|^2 .$$
(8)

When  $\gamma_{\infty} = \gamma$ , the sequence of Theorem 3 satisfies  $\lambda_{n+1} - \lambda_n \ge \gamma_{\infty} > 0$ for all  $n \in \mathbb{Z}$  and we can then apply Theorems 1 and 2. However, in general,  $\gamma_{\infty} < \gamma$  and Theorem 3 gives a sharper bound on the minimal time *T* needed for (8) to hold.

Note that the existence of  $C_1$  and  $C_2$  in (8) is a consequence of Kahane's theorem (see [K]). However, if our purpose were to have an explicit estimate of  $C_1$  or  $C_2$  in terms of  $\gamma$ ,  $\gamma_{\infty}$  then we would need to use the constructive argument below. It is important to note that these estimates depend strongly also on the number of eigenfrequencies  $\lambda$  that fail to fulfill the gap condition with the asymptotic gap  $\gamma_{\infty}$ .

#### An extension

## Proof of Theorem 3:

The second inequality from (8) follows immediately by using Theorem 2. To prove the first inequality (8) we follow the induction argument due to Haraux [H].

Note that for any  $\varepsilon_1 > 0$ , there exists  $N = N(\varepsilon_1) \in \mathbb{N}^*$  such that

$$|\lambda_{n+1} - \lambda_n| \ge \gamma_{\infty} - \varepsilon_1 \text{ for any } |n| > N.$$
(9)

We begin with the function  $f_0(t) = \sum_{|n|>N} a_n e^{i\lambda_n t}$  and we add the missing exponentials one by one. From (9) we deduce that Theorems 1 and 2 may be applied to the family  $(e^{i\lambda_n t})_{|n|>N}$  for any  $T > \pi/(\gamma_{\infty} - \varepsilon_1)$ 

$$C_1 \sum_{n > N} |a_n|^2 \le \int_{-T}^{T} |f_0(t)|^2 dt \le C_2 \sum_{n > N} |a_n|^2.$$
(10)

Let now  $f_1(t) = f_0 + a_N e^{i\lambda_N t} = \sum_{|n|>N} a_n e^{i\lambda_n t} + a_N e^{i\lambda_N t}$ . Without loss of generality we may suppose that  $\lambda_N = 0$  (since we can consider the function  $f_1(t)e^{-i\lambda_N t}$  instead of  $f_1(t)$ ).

E. Zuazua (UAM&UD-Bilbao&Sorbonne)

Let 
$$\varepsilon > 0$$
 be such that  $T' = T - \varepsilon > \pi/\gamma_{\infty}$ . We have  $\left[ \int_{0}^{\varepsilon} (f_{1}(t+\eta) - f_{1}(t)) d\eta = \sum_{n > N} a_{n} \left( \frac{e^{i\lambda_{n}\varepsilon} - 1}{i\lambda_{n}} - \varepsilon \right) e^{i\lambda_{n}t}, \quad \forall t \in [0, T']. \right]$ 

Applying now (10) to the function  $h(t) = \int_0^{t} (f_1(t + \eta) - f_1(t)) d\eta$  we obtain that:

$$C_{1}\sum_{n>N}\left|\frac{e^{i\lambda_{n}\varepsilon}-1}{i\lambda_{n}}-\varepsilon\right|^{2}|a_{n}|^{2}\leq\int_{-T'}^{T'}\left|\int_{0}^{\varepsilon}\left(f_{1}(t+\eta)-f_{1}(t)\right)d\eta\right|^{2}dt.$$
(11)

Moreover,: 
$$\left[ \left| e^{i\lambda_n\varepsilon} - 1 - i\lambda_n\varepsilon \right|^2 = \left| \cos(\lambda_n\varepsilon) - 1 \right|^2 + \left| \sin(\lambda_n\varepsilon) - \lambda_n\varepsilon \right|^2 = \right] \left[ = 4\sin^4\left(\frac{\lambda_n\varepsilon}{2}\right) + \left(\sin(\lambda_n\varepsilon) - \lambda_n\varepsilon\right)^2 \ge \begin{cases} 4\left(\frac{\lambda_n\varepsilon}{\pi}\right)^4, & \text{if } |\lambda_n|\varepsilon \le \pi \\ (\lambda_n\varepsilon)^2, & \text{if } |\lambda_n|\varepsilon > \pi. \end{cases} \right]$$

#### An extension

Finally, taking into account that  $|\lambda_n| \ge \gamma$ , we obtain that,

$$\frac{e^{i\lambda_n\varepsilon}-1}{i\lambda_n}-\varepsilon\Big|^2\geq c\varepsilon^2.$$

We return now to (11) and we get that:

$$\varepsilon^{2} C_{1} \sum_{n > N} |a_{n}|^{2} \leq \int_{-T'}^{T'} \left| \int_{0}^{\varepsilon} \left( f_{1}(t+\eta) - f_{1}(t) \right) d\eta \right|^{2} dt.$$
(12)

On the other hand

Ε

$$\int_{-T'}^{T'} \left| \int_{0}^{\varepsilon} \left( f_{1}(t+\eta) - f_{1}(t) \right) d\eta \right|^{2} dt \leq \int_{-T'}^{T'} \varepsilon \int_{0}^{\varepsilon} \left| f_{1}(t+\eta) - f_{1}(t) \right|^{2} d\eta dt \leq 2\varepsilon \int_{-T'}^{T} \left| f_{1}(t) \right|^{2} d\eta dt \leq 2\varepsilon \int_{-T'}^{T} \left| f_{1}(t) \right|^{2} dt + 2\varepsilon \int_{0}^{\varepsilon} \int_{-T'}^{T'} \left| f_{1}(t+\eta) \right|^{2} dt d\eta = 2\varepsilon^{2} \int_{-T'}^{T} \left| f_{1}(t) \right|^{2} dt + 2\varepsilon \int_{0}^{\varepsilon} \int_{-T'+\eta}^{T'+\eta} \left| f_{1}(s) \right|^{2} dt \leq 2\varepsilon^{2} \int_{-T'+\eta}^{T} \left| f_{1}(t) \right|^{2} dt + 2\varepsilon \int_{0}^{\varepsilon} \int_{-T'+\eta}^{T'+\eta} \left| f_{1}(s) \right|^{2} dt \leq 2\varepsilon^{2} \int_{-T'+\eta}^{T} \left| f_{1}(t) \right|^{2} dt + 2\varepsilon \int_{0}^{\varepsilon} \int_{-T'+\eta}^{T'+\eta} \left| f_{1}(t) \right|^{2} dt + 2\varepsilon \int_{0}^{\varepsilon} \int_{0}^{T'} \left| f_{1}(t) \right|^{2} dt + 2\varepsilon \int_{0}^{T'} \left| f_{1}(t) \right|^{2} dt + 2\varepsilon \int_{0}^{T'} \left| f_{1}(t) \right|^{2} dt + 2\varepsilon \int_{0}^{\varepsilon} \int_{0}^{T'} \left| f_{1}(t) \right|^{2} dt + 2\varepsilon \int_{0}^{\varepsilon} \int_{0}^{T'} \left| f_{1}(t) \right|^{2} dt + 2\varepsilon \int_{0}^{T'} \left| f_{1}(t) \right|^{2} dt + 2\varepsilon \int_{0}^{T'} \left| f_{1}(t) \right|^{2} dt + 2\varepsilon \int_{0}^{T'}$$

# From (12) it follows that

$$C_1 \sum_{n > N} |a_n|^2 \le \int_{-T}^{T} |f_1(t)|^2 dt.$$
 (13)

# On the other hand

$$\begin{aligned} |a_{N}|^{2} &= \left| f_{1}(t) - \sum_{n > N} a_{n} e^{i\lambda_{n}t} \right|^{2} = \frac{1}{2T} \int_{-T}^{T} \left| f_{1}(t) - \sum_{n > N} a_{n} e^{i\lambda_{n}t} \right|^{2} dt \leq \\ &\leq \frac{1}{T} \left( \int_{-T}^{T} |f_{1}(t)|^{2} dt + \int_{-T}^{T} \left| \sum_{n > N} a_{n} e^{i\lambda_{n}t} \right|^{2} \right) dt \leq \\ &\leq \frac{1}{T} \left( \int_{-T}^{T} |f_{1}(t)|^{2} dt + C_{2}^{0} \sum_{n > N} |a_{n}|^{2} \right) \leq \\ &\leq \frac{1}{T} \left( 1 + \frac{C_{2}}{C_{1}} \right) \int_{-T}^{T} |f_{1}(t)|^{2} dt. \end{aligned}$$

E. Zuazua (UAM&UD-Bilbao&Sorbonne)

Ingham's inequality

From (13) we get that

$$C_1 \sum_{n \ge N} |a_n|^2 \le \int_{-T}^{T} |f_1(t)|^2 dt.$$

Repeating this argument we may add all the terms  $a_n e^{i\lambda_n t}$ ,  $|n| \leq N$  and we obtain the desired inequalities.